



Cleaning windows safely...using waterfed poles and portable ladders

Course Timetable & Syllabus

09.00am Registration

09.30am Prompt start

Aims and objectives

- Your [and colleagues health and safety is the main objective plus the general public.
- Think about business case and choice of ladders or water fed poles.
- Using portable ladders safely.
- Using water fed pole systems safely.
- Putting practice into theory.
- Passing the end of course assessments.

▪ Introduction

- Domestic arrangements.
- Health and safety arrangements.
- Structure of the day.
- Completing course registration paperwork.
- Introduction of delegates.

▪ Business case

- The choice between ladders and water fed poles systems.

Risk and hierarchy of safety controls

- Two main pieces of legislation.
- Management of health and safety at work regulations 1999.

Break - Tea, Coffee & Biscuits

- Cleaning safely with WFP.
- Cleaning safely with ladders.

12.30pm Lunch Break (lunch will be provided)

- WFP –Practical
- Ladder –Practical

Break - Tea & Coffee

- Written assessment.
- Questions and feedback.

4.30pm approximate finish time

PLEASE NOTE: All candidates will need to bring outdoor clothing and gloves